



## **SCHEDULE OF EVENTS 2022**

**IT IS STRONGLY ADVISED THAT YOUR TRAVEL PLANS INCLUDE ARRIVING IN PENTICTON  
NO LATER THAN WEDNESDAY JULY 27th AND DEPART WEDNESDAY AUGUST 3rd**

### **Wednesday, July 27th**

**Arrive Penticton - Assemble Bike and Bike Certificate Completed - Bike Barn  
Course Reconnaissance as time permits.  
Race Preparations, as necessary.**

**Peach City Runners, 214 Main Street, Penticton  
Room 202 & 204**

**12:00 Noon - 5:00 pm - Registration & Equipment Pick-up**

**Early Arrival Registration - we have a tight schedule that needs to be  
followed as closely as possible. If you have the time to register at this  
early time, please do so to help us get everyone through on time and  
reduce the rush on Thursday.**

**Registration Takes at least 15 - 20 minutes if you are prepared and  
organized. Instructions will be issued in advance.**

### **Thursday, July 28th**

**Peach City Runners, 214 Main Street, Penticton  
Room 202 & 204**

**8:00 am - 5:00 pm - Registration & Equipment Pick-up**

**Please arrive as early as possible - we have a tight schedule and a lot of  
teams to process.**

**Registration Takes at least 15 - 20 minutes. Only three teams at a time  
are allowed in the room.**



## **SCHEDULE OF EVENTS (continued) 2022**

**Please arrive on time for functions – we have a tight schedule that needs to be followed as closely as possible.**

**Race Schedule – we do not wait for late arrivals and we do not make time adjustments.**

### **Friday, July 29th**

**Location – Penticton Lakeside Resort – 21 Lakeshore Drive, Penticton**

**8:00 am – 9:30 am – Breakfast - Banquet Salon A & B – Formal introduction of Athletes and staff.**

**9:30 am – Noon – Bike Course, Run Course, Swim Briefing & Crew Conduct Presentation Mandatory for athletes & crews – swim escorts by your invitation**

**Noon – Group Photo – Athletes, Crews, Families and Staff**

### **Saturday, July 30th – Day 1**

**It takes approximately 20 - 30 minutes to drive to OK Falls from Penticton.  
Please plan accordingly.**

5:15 am - 5:45 am - Stage 1/Swim - Check-in - Swim Start Christie Beach, Okanagan Falls  
6:15 am - Ceremonial Opening & Group Photo - Swim Start Christie Beach, Okanagan Falls  
6:25 am – Swim Prerace Briefing - Swim Start Christie Beach, Okanagan Falls  
6:30 am - Stage 1/Swim - Start - Swim Start Christie Beach, Okanagan Falls  
12:30 pm - Stage 1/Swim - Cut-off - Swim Finish Christie Beach, Okanagan Falls  
6:30 pm - Stage 1/Bike - Cut-off - Kenyon Park, Okanagan Falls

### **Sunday, July 31st – Day 2**

5:15 am - Stage 2/Bike - Check-in - Skaha Marina, Penticton  
5:45 am - Stage 2/Bike - Stage Briefing - Skaha Marina, Penticton  
5:55 am - Support Teams - Depart - Skaha Marina, Penticton  
6:00 am - Stage 2/Bike - Start - Skaha Marina, Penticton  
6:00 pm - Stage 2/Bike - Cut-off - Princeton Arena



## **SCHEDULE OF EVENTS (continued) 2022**

### **Monday, August 1st - Day 3**

**It takes approximately 15 minutes to drive to the Run Start from Princeton.  
Please plan accordingly.**

5:00 am - 6:15 am - Breakfast - The Copper Pit, Princeton  
6:30 am - Stage 3/Run - Check-in - Run Start Location - Old Princeton/Summerland Hwy.  
6:55 am - Stage 3/Run - Stage Briefing - Run Start - Old Princeton/Summerland Hwy.  
7:00 am - Stage 3/Run - Start - Old Princeton/Summerland Hwy.  
7:00 pm - Stage 3/Run - Cut-off - Memorial Park, Summerland  
1:00 pm - 8:00 pm - Finish Line Party & Celebrations - Memorial Park, Summerland

### **Tuesday, August 2nd**

9:30 am - 2:00 pm - Equipment Return to Peach City Runners - 214 Main Street,

**Mandatory - do not bring equipment to awards banquet!**

9:30 am - Selected Finishers Product will be available for Retail Sales.

### **Location - Penticton Lakeside Resort - Banquet Salon D**

3:30 pm - 4:00 PM Arrival & Cocktails  
4:15 pm - Parade of Athletes (Please be on Time)  
4:30 pm - 5:45 - Awards  
6:00 pm - 7:30 Dinner  
7:30 pm - Awards Continue.  
8:30 pm - Video Show