



## **SCHEDULE OF EVENTS 2020**

**IT IS STRONGLY ADVISED THAT YOUR TRAVEL PLANS INCLUDE ARRIVING IN PENTICTON  
BY WEDNESDAY JULY 29<sup>th</sup> AND DEPART WEDNESDAY AUGUST 5<sup>th</sup>**

### **Wednesday, July 29<sup>th</sup>**

**Arrive Penticton – Assemble Bike and Bike Certificate Completed – Bike Barn  
Course Reconnaissance as time permits  
Race Preparations as necessary**

### **Thursday, July 30<sup>th</sup>**

**Location – Peach City Runners, 214 Main Street, Penticton**

**9:00 am – 5:00 pm – Registration & Equipment Pick-up**  
Please attend as early as possible. Registration Takes at least 30 minutes.

Retail Sales Available

**Course Reconnaissance as time permits  
Race Preparations as necessary**

### **Friday, July 31<sup>st</sup>**

**Location – Penticton Lakeside Resort – 21 Lakeshore Drive, Penticton**

**8:00 am – 9:30 am – Breakfast - Banquet Salon A & B**  
**9:30 am – Noon - Bike Course, Run Course, Swim Briefing & Crew Conduct Presentation**  
Mandatory for athletes & crews – swim escorts by your invitation  
**Noon – Group Photo – Athletes, Crews, Families and Staff**

**1:30 PM – Swim & Escort Practice & Instruction**  
**Location – Skaha Beach, Swim Start Area**

**Please arrive on time for functions – we have a tight schedule  
that needs to be followed as closely as possible.**  
**Race Schedule – we don't wait for late arrivals and we don't  
make time adjustments.**



## **SCHEDULE OF EVENTS (continued) 2020**

### **Saturday, August 1st**

5:15 am - 5:45 am - Stage 1/Swim - Check-in - Swim Start Skaha Beach  
6:15 am - Ceremonial Opening & Group Photo - Swim Start Skaha Beach  
6:30 am - Stage 1/Swim - Start - Swim Start Skaha Beach  
12:30 pm - Stage 1/Swim - Cut-off - Okanagan Falls - Sovereign Road  
6:30 pm - Stage 1/Bike - Cut-off - Okanagan Falls - Kenyon Park

### **Sunday, August 2nd**

5:15 am - Stage 2/Bike - Check-in - Skaha Marina, Penticton  
5:45 am - Stage 2/Bike - Stage Briefing - Skaha Marina, Penticton  
5:55 am - Support Teams - Depart - Skaha Marina, Penticton  
6:00 am - Stage 2/Bike - Start - Skaha Marina, Penticton  
6:00 pm - Stage 2/Bike - Cut-off - Princeton Arena

### **Monday, August 3rd**

5:00 am - 6:15 am - Breakfast - The Copper Pit, Princeton  
6:30 am - Stage 3/Run - Check-in - Run Start Location - Old Princeton/Summerland Hwy.  
6:55 am - Stage 3/Run - Stage Briefing - Run Start - Old Princeton/Summerland Hwy.  
7:00 am - Stage 3/Run - Start - Old Princeton/Summerland Hwy.  
7:00 pm - Stage 3/Run - Cut-off - Memorial Park, Summerland  
1:00 pm - 8:00 pm - Finish Line Party & Celebrations - Memorial Park, Summerland

### **Tuesday, August 4th**

9:30 am - 2:00 pm - Equipment Return to Peach City Runners - 214 Main Street,  
**\*\*Mandatory - do not bring equipment to awards banquet!\*\***

9:30 am - Selected Finishers Product will be available for Retail Sales

10:30 am - Channel Float - Coyote Cruises, River Channel, Penticton

### **Location - Penticton Lakeside Resort - Banquet Salon D**

3:30 pm - 4:00 PM Arrival & Cocktails  
4:15 pm - Parade of Athletes (Please be on Time)  
4:30 pm - Awards  
6:00 pm - 7:30 Dinner  
7:30 pm - Awards Continue  
8:30 pm - Video Show

