



## **PRELIMINARY\* SCHEDULE OF EVENTS 2019**

**\*SUBJECT TO CHANGE**

**IT IS STRONGLY ADVISED THAT YOUR TRAVEL PLANS INCLUDE ARRIVING IN PENTICTON  
BY WEDNESDAY JULY 31ST AND DEPART WEDNESDAY AUGUST 7TH.**

### **Wednesday, July 31st**

**Location - Penticton Lakeside Resort – 21 Lakeshore Drive, Penticton**

**2:00 pm - 6:00 pm - Early Registration & Equipment Pick-up – Zinfandel Salon**  
Please attend as early as possible. Registration Takes at least 30 minutes

**Souvenir Retail Sales Available – Chelois Salon**

### **Thursday, August 1st**

**Location – Penticton Lakeside Resort – 21 Lakeshore Drive, Penticton**

**8:00 am – 3:00 pm - Registration & Equipment Pick-up – Zinfandel Salon**  
\*Mandatory for all athletes & crews not attending early registration\*  
Please attend as early as possible. Registration Takes at least 30 minutes.

**Souvenir Retail Sales Available – Chelois Salon**

**3:30 pm - 5:30 pm – Prerace Briefing - Banquet Salon D**  
Bike Course, Run Course & Crew Conduct Presentation  
\*Mandatory for land crews & athletes\*

**5:30 – 7:00 pm - Welcome Reception - Everyone Welcome**

### **Friday, August 2nd**

**Location - Penticton Lakeside Resort – 21 Lakeshore Drive, Penticton**

**8:00 am - 10:00 am – Breakfast - Banquet Salon D**

**10:00 am – 11:00 am - Swim Briefing - Mandatory for athletes & crews - swim escorts by  
your invitation**

**Souvenir Retail Sales Available – Chelois Salon**



## **SCHEDULE OF EVENTS (continued) 2019**

### **Location – Skaha Beach, Swim Start Area**

**12:00 Noon – Swim & Escort Practice & Instruction\***

\*Attendance for swim escorts & athletes highly recommended\*

### **Saturday, August 3rd**

5:15 am - 5:45 am - Stage 1/Swim - Check-in - Swim Start Skaha Beach  
6:15 am - Ceremonial Opening & Group Photo - Swim Start Skaha Beach  
6:30 am - Stage 1/Swim - Start - Swim Start Skaha Beach  
12:30 pm - Stage 1/Swim - Cut-off - Okanagan Falls - Sovereign Road  
6:30 pm - Stage 1/Bike - Cut-off - Okanagan Falls - Kenyon Park

### **Sunday, August 4th**

5:15 am - Stage 2/Bike - Check-in - Skaha Marina, Penticton  
5:45 am - Stage 2/Bike - Stage Briefing - Skaha Marina, Penticton  
5:55 am - Support Teams - Depart - Skaha Marina, Penticton  
6:00 am - Stage 2/Bike - Start - Skaha Marina, Penticton  
6:00 pm - Stage 2/Bike - Cut-off - Princeton Arena

### **Monday, August 5th**

5:00 am - 6:15 am - Breakfast – The Copper Pit, Princeton  
6:30 am - Stage 3/Run - Check-in - Run Start Location - Old Princeton/Summerland Hwy.  
6:55 am - Stage 3/Run - Stage Briefing - Run Start - Old Princeton/Summerland Hwy.  
7:00 am - Stage 3/Run - Start - Old Princeton/Summerland Hwy.  
7:00 pm - Stage 3/Run - Cut-off - Memorial Park, Summerland  
1:00 pm - 8:00 pm - Finish Line Party & Celebrations - Memorial Park, Summerland

### **Tuesday, August 6th**

9:30 am - 2:00 pm - Equipment Return to Peach City Runners - 214 Main Street,  
**\*\*Mandatory - do not bring equipment to awards banquet!\*\***  
10:00 am - Channel Float - Coyote Cruises, River Channel, Penticton

### **Location - Penticton Lakeside Resort – EAST BALLROOM**

3:30 pm - 4:00 PM Arrival & Cocktails  
4:15 pm - Parade of Athletes (Please be on Time)  
4:30 pm - Awards  
6:00 pm - 7:00 Dinner  
7:00 pm - Awards  
8:00 pm - Video & Slide Show